



## Programme 2010

### Trails & Courses en Montagne et Route



MOIS	JOUR	DATE	NOM	TITRE	ORGANISATEUR & SPONSOR	Ligue	Course km	D + m	D - m	Indiv / equipe	Rando km	PARCOURS
Juin	dimanche	20	Marathon de Maurice	Marathon de Maurice	IncentivePartners	-	42.2	0	0	Ind	-	Tamarin - St Felix
							21.1	0	0	Ind	-	Tamarin - St Felix
							42.1	0	0	Equipe	-	Tamarin - St Felix
Juillet	samedi	17	Salomon Climbers Trophy	Salomon Climbers Trophy	Emcar / Yanature	1e	13.0	2,120	(1,425)	Ind	5.6	Gorges Parking, Fil, Zepol, Camphriers, Parakeet
Aout	samedi	21	Challenge / Cross	SpinTV Parakeet Challenge	Yanature/SpinTV	2e	5.6	795	(150)	Ind	-	Gorges Parking, Parakeet
	dimanche	22		Cross Grand Piton	Yanature/Rando-Trail	2e	11.0	1,000	1,200	Ind	8	Chamarel, Sentier Planteau, Piton RN, Sentier Grand Piton, Parking
Septembre	dimanche	19	Lafuma Trail	Les Mariannes	Latrobe Ltd	3e	16.0	1,020	(1,020)	Ind	-	Les Mariannes
Octobre	samedi	2	Ferney Trail	Ferney Trail	IncentivePartners	4e	28.0	640	(640)	Ind/Equ	10	Anahita, Ferney, Falaise Rouge (to be changed)
Novembre	samedi	13	Yanature Raid West	Raid West	Yanature	5e	16.0	700	(1,075)	Ind	8	Petrin, Les Mares, Pailles-en-Queue, Trochetia, Piton, Sentier Planteau, Chamarel
	dimanche	21		Trail des Perroquets	RandoTrail & Nature		32.0	2,000	(2,000)	Ind	-	Cotton Bay - Mont Limon - Anse Quitor
Novembre	dimanche	21	Trail de Rodrigues	Trail des Solitaires	RandoTrail & Nature	10.0	300	(300)	Ind	10	Anse Quitor	
				Trail des Tortues	RandoTrail & Nature	5.0	50	(50)	Ind	5	Anse Quitor	
Decembre	samedi	11	Yanature Fast Track	Fast Track	Yanature	6e	12.0	630	(1,100)	Ind	8	Varangue sur Morne, Piton, Trochetia, Parakeet, Gorges Parking

ORGANISATION	RESPONSIBLE	EMAIL	MOBILE
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Consult: [www.randotrail.mu](http://www.randotrail.mu)

#### Ligue de Trail 2010 - RULES

The League will start in July 2010 and end in December. This will allow a League every calendar year from January 2011. The best 5 performances of 6 races run will be counted; the two events in August are considered as one race.

There will be a separate Women & Men league. All participants will be in categories – Senior (18-39 years), Master (40 – 49 years) and Veteran (50 – 59 years). The deciding age for categories will be July 17 and participants will thus run in a single category for the season. The races are open to all but an ID must be furnished before the race.

Maximum individual points achievable at the end of the year will be 252 points. Winners of every race gain 50 points, second place 49 points and so on to zero. The exception is the Parakeet SpinTV and Cross du Grand Piton which will be considered a single race and the results of each (50 points) added together then divided by two. In addition, everyone who finishes the SpinTV Parakeet Challenge in under 60 minutes gains 2 bonus points.

Rando-Trail & Nature while making every effort to ensure safe-running conditions, accepts no responsibility for accident or injury of participants. Trail marking ambiguities and getting lost are hazards of trail-running, and no complaints from participants will be entertained. Participants are encouraged to carry adequate emergency supplies and equipment - refer to our website [www.randotrail.mu](http://www.randotrail.mu)

The decision of Rando-Trail & Nature in league results are final and prizes for races and for the league will be dependent on raising sponsors.